August 2015

South Side Story Page 5



or allergy sufferers, change of season can really test the body's tolerance. With itchy and watery eyes, runny nose and sneezing fits enough to rattle an elephant, wouldn't we all appreciate some relief? Well we have some good news for you! As previously featured in our favourite South Side Story, our popular St. Francis's amazing Deep Immune Allergy has now added a new member to its family that has everyone back and enjoying the season.

In the alternative medicine world, the most widely used

Relax and Enjoy the Season

medical system is Traditional Chinese Medicine followed by Homeopathy. St. Francis has acknowledged this in their new formula which is an amazing

blend of the top traditional Chinese medicines along with the top homeopathic remedies for the immune system and allergies. Amongst these are Astragalus, used to bring down the stressful effects of environmental

temperature changes on the

body and immune system, Reishi Mushroom is added as a powerful antioxidant and immune support and Schisandra, which boosts

energy levels and acts as an adaptogen. These herbs are combined to support the immune system to reduce the negative reaction to substances that can cause the allergic reaction.

The traditional Chinese herbs used to supercharge and put to bed those pesky allergy symptoms are Nettle

which is extremely useful for hay fever, lung congestion and

allergy symptoms accompanied by asthma, Southern Prickly Ash and popular homeopathic remedies such as Galphimia Glauca and Histaminum. Galphimia Glauca is great for reducing rhinitis (inflammation of the mucous membranes inside the nose causing congestion or profuse watering, sneezing and postnasal drip) and symptoms associated with pollinosis (hay fever). Homeopathic Histaminum is used to help allergic reactions due to environmental pollutants, bug bites and even allergic reactions from ingesting offending foods. It has been proven to reduce hives, nasal congestion,

itchy eyes.

Deep Immune Allergy gives astounding, non-drowsy relief and is powered by the world's strongest and most widely used alternative medicine systems today and is sure to improve your allergy symptoms with the change of season. Don't spend the rest of the season with your face buried in a tissue, your quality of life matters! Try St. Francis's Deep Immune Allergy to give you the relief you deserve.

Jessica Ernewein
DCHM(Hons), HD(Rhom),
HOM



breathing difficulties and www.sudburyhomeopathicclinic.com

When Fighting Colds, Flu or Allergies
You've Gotta Go DEEP!



DEEP IMMUNE

The St. Francis family of Deep Immune® Products provide a variety of health benefits:

- Maintains a healthy immune system
- Provides vital energy tonics for fatigue
- Reduces all kinds of allergic reactions
- Increases your resistance to stress
- Counteracts the debilitating effects of surgery, chemotherapy and radiation, as well as autoimmune and immune deficiency diseases.

3140 Hwy 69N Val Caron, Ontario

Phone: **1-705-222-6590**

Email: onestopnaturals@gmail.com

www.onestopnaturals.ca



Hours

Monday-Friday
9:00 am - 9:00 pm
Saturday
9:00 am - 6:00 pm
Sunday
11:00 am - 6:00 pm