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ery rarely in this industry does a product come along that is revolutionary. With the protein market, there are so many companies out there selling the same thing under different names, it's gotten boring. But Organika has truly come up with a fantastic and unique formula! Organika has launched its new Vege-Pro protein powder. Now for most people it doesn't sound too revolutionary and most people would deduce it as a vegetarian protein but wait... there is a twist...

Organika has created an organic, vegetarian, and highly medicinal protein powder containing some of the highest alkalizing mushrooms available! These mushrooms used, are USDA certified

Oh My Protein!

organic, non-GMO and all of antioxidant mushroom has been cholesterol, heart dise

organic, non-GMO and all of these medicinal mushrooms have been cultured on organic whole oats. For those who are gluten intolerant not to worry, the product has been tested and

is gluten free! The mushrooms contained in the protein powder are:

Reishi (Gandoderma Lucidum): traditionally used for boosting the immune system, anti-inflammatory, reducing allergies, stress and fatigue. There has also been research concluding that Reishi mushroom boosts anti-cancer activity in the body.

King Trumpet (Pleurotus Eryngii): like most mushrooms King Trumpet also aids in the immune system but has also been noted for naturally lowering cholesterol.

Lion's Mane (Hericium Erninaceus): this amazing, high

antioxidant mushroom has been traditionally used for nerve regeneration, Alzheimer's and dementia, and lowering blood sugar levels. It also has been noted to enhance anti-cancer



activity in the body.

Cordyceps (Cordyceps Militaris): is traditionally used as an immune booster, adaptogen, anti-aging promoter, improving athletic performance, and respiratory/liver function.

Himematsutake (Agaricus Blazei): traditionally used for cancer, Arteriosclerosis (hardening of the arteries), cholesterol, heart disease and osteoporosis.

Turkey Tail (Trametes Versicolor): traditionally used to boost the immune system, fight cancers, and is beneficial

as a prebiotic.

Shiitake
(Lentinula Edodes):
traditionally used to
help with the
immune system,
cardiovascular
support, and is
nutritionally high in
copper, pantothenic
acid, and selenium.
Maitake (Grifolia

Frondosa): traditionally used again for the immune system and cancer but also used to reduce the side effects of chemotherapy, this has also been used to lower high blood pressure, cholesterol and chronic fatigue.

On top of all of these medicinal benefits that the

mushrooms bring, this protein powder also contains amino acids, digestive enzymes and pre/probiotic. The prebiotics contained in this amazing protein powder are a soluble dietary fiber which aid in mineral absorption, the immune system and proper bowel movement support. The probiotics contained in Vege-Pro are important for intestinal health and are completely shelf stable for up to two years! Truly one of the most unique products on the market, this protein is sure to have amazing benefits over the traditional protein!

Jessica Ernewein
DCHM(Hons), HD(Rhom),
HOM



www.sudburyhomeopathicclinic.com



# **Healthy Joints for Better Mobility**

**Liga-Joint** 

NPN 80039583 500mg l 60, 120 capsules NDN 9000

NPN 80004765 1000mg | 90, 180, 360 vegetarian capsules

## Rutin

NPN 80035871 500mg I 50, 100 capsules



#### **Benefits:**

- Synergism of Glucosamine Sulfate, MSM and Devil's Claw to support joint health and development of healthy cartilage for joint cushioning and better mobility.
- Helps to relieve the joint pain associated with arthritis, and osteoarthritis.
- Reduces the inflammation surrounding joints, reinforcing joint pain management.



### **Benefits**:

- •Helps to reduce inflammation surrounding joints, providing joint pain relief.
- Works well combined with Collagen and Glucosamine for maximum effect.



#### **Benefits:**

- Rutin increases blood vessel strength and function through benefits on membrane permeability and fragility.
- As a flavonoid source, acts as an antioxidant that reduces the oxidative damage done to vessels, and augments general health.

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#### Hours

Monday-Friday
9:00 am - 9:00 pm
Saturday
9:00 am - 6:00 pm
Sunday
11:00 am - 6:00 pm